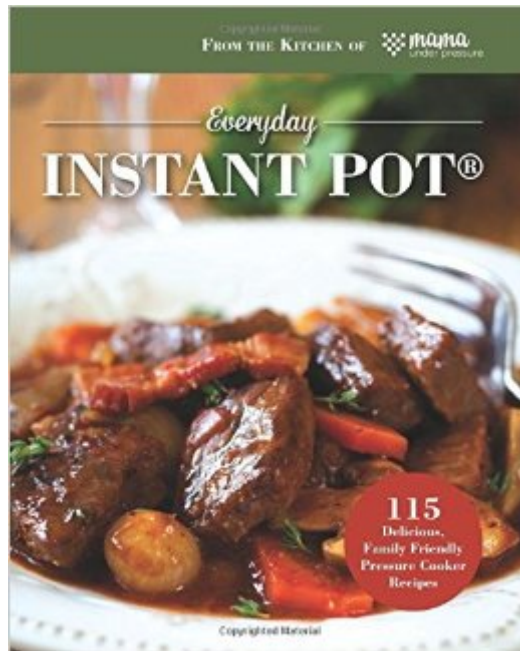


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# Everyday Instant Pot: 115 Delicious, Family Friendly Pressure Cooker Recipes



## Synopsis

This FULL COLOR, 202 page cookbook is a must own for Instant Pot owners or anyone who enjoys pressure cooking. These recipes were crafted by the Mom behind MamaUnderPressure.com, a blog for Pressure Cooking Moms. Go there for even more recipes! Whether you're a beginner who has just purchased the Instant Pot to save time and prepare amazing meals, or you are an experienced pressure cooker, you will love what you discover in this beautiful cookbook. No matter what model you have, the Instant Pot ip duo60 7 in 1, or the Instant Pot lux60, or even other brands of pressure cookers, this book will blow you away. Everyday Instant Pot, 115 Delicious, Family Friendly Recipes is a cookbook that focuses on every function of the appliance and every kind of food that can be prepared with your Instant Pot. - 18 incredible Soup, Stew, Chowder and Chili recipes such as Black Bean Soup with Avocado Salsa, Clam Chowder and all manner of Chicken Soup, Split Pea Soup, Beef Stew, and on and on. - 15 wonderful and unique Pork recipes such as Pork Chops, Pork Loin, Pork Shoulder, Pulled Pork, Pork Belly, Pork Ribs, etc. - 13 fun and tasty Beef recipes, including Beef Stroganoff, Barbecue Short Ribs, Brisket, Beef Tips, Beef Burritos, Beef Bourguignon. - Chicken and Poultry recipes? Of course! You'll find Chicken Thigh recipes, Barbecue Chicken, Turkey, Whole Chicken, and so on. - There are Seafood recipes with all manner of Shrimp, Salmon, Lobster and Fish. - 14 Pasta and Rice recipes including Italian and Mexican dishes. - Veggies and Sides with lots of great Potato recipes, Green Beans, and more. - Don't forget Desserts! Cheesecake, Pudding, Brownies, Creme Brulee, Fondue, your family will love what you learn from this cookbook. You WILL fall in love with this book, go ahead and get it now.

## Book Information

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## Customer Reviews

I am very happy that I received a copy of this electronic book. It is one of the best cookbooks and certainly the best book on using the Instant Pot pressure cooker. The photographs and art are very high quality and really helped me to see the recipes that have been prepared clearly by a professional. While I don't expect my recipes to look as good as the artwork I have found even after just a few uses that my recipes can taste like they were cooked by a professional. There is a very nice selection of recipes that run from traditional comfort food to a touch of fancy. Each recipe is well defined, with each ingredient delineated for easy reference during the cooking process. Best of all, the times for the preparation and total cooking is included in a handy sidebar entry for each recipe. One thing to note on cooking times, the total time in the sidebar is for the time to cook and then cool down the recipe. Actual cooking instructions are included in the recipe notes. So when one is preparing the meal it is important to distinguish the two sets of times so that you are not calculating your cooking process, especially when cooking sides, using the wrong set of figures. It appears that for most recipes, the longer time (listed in the sidebar) is a good guide when planning the total meal. The actual times at the primary and even secondary heat ranges are set forth in the instructions. My experience, so far, is that most meals have a relatively short preparation time, a time for initial cooking -- which might include time to braise or brown your meat before using the Pot, and then the prime time for the primary cooking cycle. If there is a second time, say cooking for 5 minutes on high then reducing to the warm cycle, this time, is also set forth in the instructions.

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